

TOKONI KE NGAUE'AKI 'E HE PEPEE HONO NIMA

Ko e fanau faingata'a'ia 'oku i ai e fiema'u makehe ke faka'ai'ai mo tokoni'i ke nau ngaue'aki honau nima mo kamata ke nau tau'ataina ha me'a te nau fai.

Nqaahi palopalema fehangahangai mo e fanau faingata'a'ia

- 'Oku i ai 'a e fanau 'oku 'kai te nau 'ilo'i 'oku i ai honau nima.
- 'Oku i ai 'a e fanau 'oku ikai ke faingofua ke malava ke ngaue honau 'ulu'ulu nima, nima mo e uma.
- 'Oku i ai 'a e fanau 'oku 'ikai ke lava ke nau to'o ha me'a.
- 'Oku i ai 'a e fanau 'oku faingta'a ke nau tukuange ha me'a 'oku nau pukepuke.
- 'Oku i ai 'a e fanau 'oku fu'u faingata'a ke nau ssio ki honau nima.



Give your child colourful toys that make a nice sound, like a little rock in a drinking can, to encourage your child to keep touching and



Hanging colourful and shiny objects above your child when he is lying on his back will encourage him to try to touch them with his hands.

Propping his head and shoulders up on a pillow will make it easier for him to move his arms.

- 'Oku i ai 'a e fanau, 'oku 'ikai ke malohi fe'unga honau 'ulu mo honau tu'a ke mahiki ki 'olunga, ke nau a'u ki ha me'a 'oku nau ala ki ai.

Te ke lava tokoni ki he ki'i tamasi'i 'aki:

- Hono tuku kinautolu i ha feitu'u te nau lava 'o sio, a'u mo nau pukepuke.
- Tuku e pilo 'i honau lalo 'ulu kapau ko e ki'i tamasi'i 'oku tokoto fo'ohake.
- Ngaohi ha me'a va'inga 'e faingofua ke sio mo faingofua ke to'oto'o mo nau fiefia ai.

- Tuku ‘a e me’ā va’inga i ha feitu’u, ‘oku faingofua ki he ki’ tamasi’i ke a’u mo ne pukepuke, hange ko e tautau ‘a e me’ā ko ia ‘i ‘olunga ‘iate kinautolu.

‘I he taimi ‘oku nau tokoto fo’ohifo ai he faliki i mu’ā ‘ia kinautolu, kapaau ‘oku nau fo’ohifo honau fatafata I he pilo fotofota honau nima, hiki takai honau nima ‘I honau uma, faofao’l honau uma, va’inga nima mo e ‘ulu’ulutuhu mo hiva.



Playing in the sand feels nice on your child’s hands. It will make them want to explore other ways they can use their hands.

Takai ‘aki honau nima ha me’ā ngingila pe lanukehekehe te nau lava ‘o sio ki ai. Ngaue’aki ha me’ā va’inga ‘oku ongo le’olahi pe longoa’ā he to’oto’o ‘o va’ing’aki.

Faka’ai’ai ke va’inga vai, tou, laise pakupaku, valivali nima, mo e ‘one’one mo e ngaahi me’ā te nau ongo’l kehekehe mo manakoa.

Fakakau mai ho’o ki’i tamasi’l he fanga ki’i ngaue te ke fai, ko e kau honar nima ke lalanga fala, fo teuteu me’atokoni , huki ‘a e ki’l ‘iate koe pea ke fai ‘a e me’ā ko ‘eni, pea te nau lava ‘o sio mo ako he ngaue ho nima.



Putting a toy which makes a nice sound in your child’s hand will make him want to move his hands.



Playing with blocks will help a child learn to use his hands better. It will also help them learn to play with other children.



Involve your children in making things like kava cups, weaving, plaiting, beating and painting tapa.



Puzzles are a good way to help children learn to use their hands, as well as being god fun.